

# SAN DIEGO FRENCH AMERICAN SCHOOL

## OCTOBER 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> Chicken Caesar Pasta Salad Baguette Fresh Fruit	<b>2</b> Eggplant Pesto Sandwich French Potato Salad Rugulahs
<b>5</b> Ham & Cheese Quiche TomatoCucumber Salad Fresh Fruit	<b>6</b> PastramiSandwich Fruit Salad Brownie	<b>7</b> Quinoa Salad with Chicken Baguette Choc Chip Cookie	<b>8</b> BBQ Chicken Potato Salad Fresh Fruit	<b>9</b> Egg Salad Sandwich Pasta Salad Cheesecake
<b>12</b> Chicken Pesto and Mozzarella Salad Baguette Fresh Fruit	<b>13</b> Turkey Sandwich Salad Sugar Cookies	<b>14</b> Chinese Chicken Salad Fresh Fruit Fortune Cookies	<b>15</b> Chef Salad with Turkey Garden Salad GingerPound Cake	<b>16</b> <b><u>BREAK</u></b>
<b>19</b> <b><u>BREAK</u></b>	<b>20</b> <b><u>BREAK</u></b>	<b>21</b> <b><u>BREAK</u></b>	<b>22</b> <b><u>BREAK</u></b>	<b>23</b> <b><u>BREAK</u></b>
<b>26</b> Greek Chicken Salad Fresh Fruit	<b>27</b> Salami Sandwich Cole Slaw Carrot Cake	<b>28</b> Cowboy Quiche Orzo Pasta Fresh Fruit	<b>29</b> Tortellini Primavera Salad Fresh Fruit Mex Wedd Cookie	<b>30</b> <b>Minimum Day</b>

\* PK-O /PK-2 Lunch will be simplified often by adding sliced bite size vegetables.

\* We are open to suggestions.

\* All of our SDFAS Families who spend more than \$15 at our restaurant will receive a baguette.